

Family Agreement for Online Safety & Responsibility for ages 13 and under



Online safety is a partnership. This is what we agree to — together.

Note: Every family is different. Please use this agreement as an example and adjust it to make it your own.

GROWN-UP PROMISES

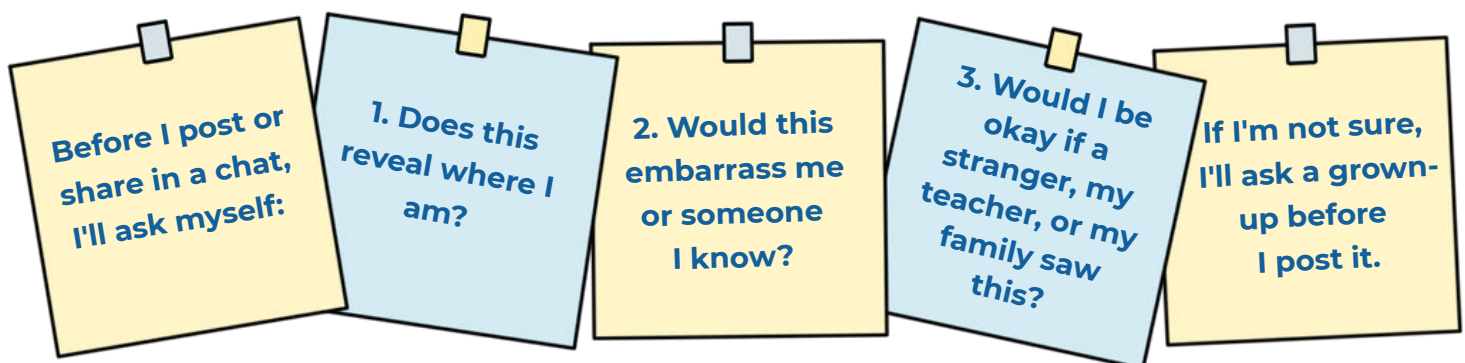
- I will help you enjoy the good things online while keeping you safe and setting healthy boundaries.
- I will listen without overreacting when you come to me with any questions or to tell me about something that's happened.
- I will follow/check your social media accounts, messages, and online activity regularly to make sure you are staying safe and responsible.
- I will follow along, but I won't embarrass you online.
- I will set fair rules and guidelines.
- I will set a good example of safe and responsible behavior online.

MY PROMISES

- I will give you full access and login information for my social media, apps, games, emails, and websites. I understand these can be viewed by you at any time.
- I will tell you what I'm doing online and who I'm talking to.
- I will always be kind, polite, and respectful to others online.
- I will only view or download videos, apps, games, or music with your permission.
- I will pause and think before I post, comment, or share. I understand that what I share today can stay online forever.

**Promises continue on the second page →→→*

THE PAUSE RULE:





MY PROMISES

(Continued)

- I will keep my accounts set to private and keep location tracking OFF on all apps and social media.
- I will not change the privacy settings set up by you. I will check these settings with you once a month.
- I will never share someone else's photo without asking them first.
- I will only use my device at the times and places we agreed on. I will not use my device in my bedroom or bathroom. I will keep it in our family's common space at night.
- I will not accept friend requests from anyone I don't know, even if they are friends of a friend.
- I will never meet someone I only know online in person. I will tell you if anyone asks me to meet with them.
- I will tell you if I see something scary, mean, or confusing.
- I will tell you if someone starts asking me weird questions or is being mean to me.
- I will remember that balance matters and have fun offline, too!



If anything online ever makes me feel scared, confused, or uncomfortable, I can come to you. I will NEVER be in trouble for asking questions, asking for help, or telling you something that happened.

What other rules are best for OUR family?

Other trusted grown-ups I can go to:

As a family, if we break one of these promises, here's what we've agreed will happen:



Child's signature

Date



Grown-up's signature

Date